## **Breastfeeding**

At Conemaugh Memorial Medical Center, we care about you and your baby. We strive to do our very best in making your breastfeeding experience very pleasant and successful. This is why we have worked to develop a way to service you even after you have discharged from the hospital.

The Outpatient Lactation Department at Conemaugh is available to help all mother/ baby couplets who experience difficulties breastfeeding.

Please call our department at (814) 534-3144 with any questions or concerns you may have, especially if you are experiencing any of the following:

- 1. Difficulty with latch
- 2. Breast or nipple pain
- 3. A Temperature greater than 101 with flu-like symptoms
- 4. Red, firm, warm, and/or tender areas of the breast
- 5. Breast refusal

6. Baby losing weight or having a slow weight gain

7. Feeding difficulties

A lactation specialist is available to evaluate your concerns and determine it is necessary for you to be seen.

Outpatient visits are by appointment only and only with a doctor's order.

Our hours are 7:00 am- 3:00 pm Monday through Saturday. We are closed Sundays along with holidays.



